



Marlia project
“Ode to Self” new album launch

The Cypriot singer/songwriter Marlia Tompazou presents her first solo album named “*Ode to Self*” in a tour which began in spring 2017 in Cyprus and continued to Greece, Israel and other European countries. The album consists of eleven songs in English about people who lost their home and lived on their own, trapped in horizons of different dimensions, however they found the strength to reform a path towards the light in a world where the individual consciousness becomes collective consciousness and all is One. The mystical blues ambience *Exper-cre* is softened by the folksy sound of *All we yoga*, whereas the motivational wind instruments in the title song *Ode to Self* make the alternative *Zeimbekanyomore* to cease all mind activity and start feeling with the senses. Many are the musicians with whom Marlia collaborates to create this tour and recreate the album’s songs, selected cover songs and other members’ compositions, such as **Stefanos Filos** (violin, looper, effects pedals), member of Alcalica and ElektroBalkana, **Nicolas Tryphonos** (double-bass), **Euripides Dikaïos** (percussion), **Natalie Adamos** (vocals), **Elisheva Kornberg** (guitar/vocals), **Nadav Brand** (drums/guitars/vocals).

Marlia’s album was released in May 2017 and was recorded at studio *eleven63* in Cyprus with **Andreas Trachonitis** (drums, percussion, recordings), **Lefteris Moutzīs** (electric bass), **Mikaela Tsangari** (recording and mixing, guitars), **Demetris Yiasemides** (trombone, flute), **Michalis Michael** (trumpet), **Eleni Demetriou** and **Natalie Adamos** (backvocals); Marlia recorded the vocals, the xylophone, synths and guitars. The album’s mastering was done by **Anestis Psaradakos** at Athens Mastering studio in Athens.



Watch the official videoclip of [Ode to Self](#).

Listen/Buy the [album](#).

Find Marlia project on [Facebook](#).

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Bio

After releasing the first album “*Alive we die*” with her alternative rock band *Biotech* by Sony BMG, Marlia (guitar, vocals, loopers, effect pedals, vocal processor, samples, djembe, stones, sticks) records 7 demos at *Northside studio* in Athens and creates *Marlia project*, a band with constantly varying members, who originate from various backgrounds, music genres and Art forms. Marlia project performed in June 2012 for the first time in Athens, Greece, presenting a multidisciplinary event called “*Realisation of thyself*” with 9 artists, music, video art and on-stage painting.

Through the need of immigrating to the U.K. due to the economic crisis, many different bands have been formed since then in London, in Rishikesh, India (independently-released mantra recordings), in Greece and in Cyprus. Inspired both by life in the city as well as the necessity to come closer to Nature, the lyrics motivate the listeners to cultivate the awareness that they can release the Mind of whatever does not really belong to the Self and discover a Higher purpose. The diverse musical elements are integrated with positive energy, rhythmical interchange and the characteristic melodies of the voice, thus creating a fine-spun world of inspirational indie folk music.

Along with her participation in music festivals, vocal workshops and music/dance projects, Marlia is experimenting with new sounds, learns how to play different musical instruments (such as kotamo, handpan and tibetan bowls) and also coordinates healing circles of improvisational musical coexistence working with the voice, percussive instruments and dance.

